

# A Prayer of Forgiveness

Dear Lord,

I may not be able to forget, but I'm choosing to forgive

\_\_\_\_\_.

I realize trust may take time to rebuild,

but I choose to hold no grudges.

Help me to let go of bitterness or anger in my heart,

so that I may live in freedom.

Give me Your grace so that I may relinquish

my "right" to get even.

Help me understand that You have forgiven me

and that I can, in turn, forgive

\_\_\_\_\_ through You.

I trust in Your power to do that.

Now, Lord, I ask You to bless \_\_\_\_\_.

In particular, I ask You to bless him/her with these things:

\_\_\_\_\_.

God,

Please replace my hurt with Your healing.

Replace my pain with Your peace.

Replace my loss with Your love.

May the past truly be the past.

In Jesus' Name I pray, Amen.